

## AEC Trustees

### *Sue Winston, Chair of Board of Trustees (appointed 2016)*

Sue chairs AEC's Board of Trustees and sits on the fundraising, HR and investment sub-committees. She lives in east London and has been a trustee of AEC since May 2016, describing herself as "extremely proud of the work that the AEC team does in helping to make such a tangible difference to the lives of the young people". Sue is a member of the London Recruitment Advisory Committee for London Magistrates and is also a qualified workplace mediator.



### *Tara Stimpson, Treasurer (appointed 2020)*

Tara lives in southeast London. She is a Finance Director and a fellow of the Association of Chartered Certified Accountants. She has over 20 years' experience of leading finance teams in small and medium-sized businesses. She has a track record of providing strong strategic support to senior management, developing clear and concise business information to support business understanding and growth, and devising and implementing creative solutions to improve efficiency and business practices.



### *Susan Spiller, Board member (appointed 2017)*

Susan works for a UK financial services firm in London where she is responsible for product development and product governance. She joined the firm in 2002, bringing a strong background in wide variety of sales, marketing, product development, and investment management activities for firms in the US. Susan has worked extensively across the company and with external partners to build the firm's successful volunteering and community programme. Susan chairs AEC's investment committee.



*Peter Sharp, Safeguarding Trustee Lead and Board member  
(appointed 2020)*

Peter was born in and grew up in Newham and now works for a financial services company, based in Canary Wharf. He has held a number of senior management positions across similar sized companies and he is passionate about driving positive change. Peter focuses on providing innovative solutions to meet the needs of the business and driving a culture of continuous improvement. Peter is excited to be part of AEC; he is the Safeguarding Trustee Lead and sits on the IT Strategy committee.



*Farrah Mughal, Board Member (appointed 2020)*

Farrah grew up and went to school in Redbridge and now lives in Bow. She has over 20 years' experience as a commercial insurance broker for various multinational companies and has extensive experience in creating, marketing and selling specialist and bespoke products. In her various client management roles she has developed strong negotiating and interpersonal skills. Throughout her career she has been involved in training and mentoring young professionals.

Having retrained, Farrah is now a qualified Rapid Transformational Practitioner and Hypnotherapist helping clients to find relief from problems like anxiety, addiction, confidence issues, procrastination, weight issues, as well as fears and phobias.

Farrah sits on AEC's fundraising, HR and marketing committees. She believes in AEC's core values and is very proud to be part of the charity.



### *Erica De Rosa, Board Member (appointed 2022)*

Erica works as an Executive Director in financial services. With 10 years of experience in the industry, her key skills include strategic product development and product management.

Throughout her career Erica has worked on various initiatives to give back to the community and to better the lives of young people. Having been a student athlete herself, she is passionate about the programmes at AEC and is excited to make a difference in the East London community in which she lives.



### *Lewis Ridett, Board Member (appointed 2022)*

Lewis is Chief of Staff for Firefly Capital a family office and hedge fund, and has completed an MBA with Imperial College London.

He lives in Canary Wharf, has volunteered with a range of East London charities, and has experience competing in weightlifting nationally and internationally, and therefore has insight into the impact AEC has on young people's lives. With his passion for improving inclusion and social mobility, Lewis is committed to helping AEC reach those who need our services the most.



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